

# Chingford League Cross Country Relay - Wanstead Flats - 4th March 2017

## All teams

Num	Club	Cat	Stage 1	Min	Sec	Pos	Stage 2	Min	Sec	Pos	Stage 3	Min	Sec	Pos	Stage 4	Min	Sec	Pos	
16	TP	SM		10	46	2		21	37	1		32	50	1		43	37		<b>1</b>
			Ricky Owers	10	46		Tom McArdle	10	51		Nick Sturge	11	13		Tom Cursley	10	47		
21	EM	SM		11	12	3		22	32	2		34	47	3		46	6		<b>2</b>
			James Hutchin	11	12		David Cato	11	20		Simon Cottle	12	15		Gary Towers	11	19		
30	VP	SM		11	13	4		22	36	3		34	1	2		46	35		<b>3</b>
			Tony MacDow	11	13		Duncan Steen	11	23		Ben Wickham	11	25		Rodney Mushan	12	34		
9	OH	SM		10	39	1		23	0	4		35	54	5		47	24		<b>4</b>
			Daniel Richard	10	39		Neil Swift	12	21		Joel Hayhow	12	54		Shay White	11	30		
13	TP	SM		12	5	10		23	51	5		35	42	4		47	39		<b>5</b>
			Paul Brennan	12	5		Raul Simmons	11	46		Desmond Dennin	11	51		Luke Bowie	11	57		
2	BA	SM		12	33	12		25	22	9		37	33	8		48	52		<b>6</b>
			Peter Ellis	12	33		Costa Michael	12	49		Andy Cunningha	12	11		Will Morris	11	19		
38	OH	U17		11	43	6		24	47	8		37	23	7		49	23		<b>7</b>
			Will Jones	11	43		Henry Jones	13	4		Saul Ashon	12	36		Jay Shotter	12	0		
14	TP	SM		11	22	5		24	13	6		37	7	6		49	56		<b>8</b>
			Adam Walker	11	22		Edwin Coutts	12	51		Ed Simmons	12	54		James Arrowsm	12	49		
10	OH	SM		11	59	9		24	42	7		37	34	9		50	55		<b>9</b>
			Adrian Smith	11	59		Ben Fisher	12	43		Stephen Bennett	12	52		Tim Wright	13	21		
42	EL	SM		11	44	7		27	14	13		39	48	13		51	30		<b>10</b>
			Aaron Browne	11	44		Lance Fuller	15	30		Paul Marshall	12	34		Thomas Grimes	11	42		
22	EM	SM		13	6	14		26	12	11		39	48	12		52	29		<b>11</b>
			Rob Sommervi	13	6		Dave Daugirda	13	6		Ian Lambert	13	36		Richard Parr	12	41		
5	OH	SW		14	8	21		27	30	17		40	52	14		53	44		<b>12</b>
			Alison Trauttm	14	8		Hayley Rogers	13	22		Louise Juby	13	22		Natalie Kipps	12	52		
31	VP	SW		13	8	15		27	17	14		41	12	15		53	55		<b>13</b>
			Sue Bint	13	8		Laura Morgan	14	9		Naomi Bourne	13	55		Charlotte Maling	12	43		
24	EM	SW		12	9	11		26	14	12		39	13	11		54	0		<b>14</b>
			Alex Gounelas	12	9		Zoe Woodward	14	5		Taryne McPhers	12	59		Kate Malcolm	14	47		
11	OH	NS		14	25	23		27	25	15		42	20	18		54	51		<b>15</b>
			Paul Williams	14	25		John Lynch	13	0		David Milner	14	55		Adrian Smith2	12	31		
32	VP	SM		13	39	18		30	4	24		42	23	19		55	31		<b>16</b>
			John Campbell	13	39		Frank Merrigan	16	25		Joe Feltham	12	19		Malachy Woloh	13	8		
25	EM	SW		13	47	19		27	27	16		41	52	17		55	46		<b>17</b>
			Claire Fisher	13	47		Naomi Dews	13	40		Jenny Haymon	14	25		Sarah Flanagan	13	54		
3	BA	NS		15	3	26		31	15	27		43	42	21		57	14		<b>18</b>
			David Scott	15	3		John Owen	16	12		Peter Ellis2	12	27		Costa Michael2	13	32		
15	TP	NS		13	14	16		25	46	10		38	24	10		57	47		<b>19</b>
			Neil Kimberley	13	14		David Birks	12	32		Paul Ward	12	38		Christine Read	19	23		
23	EM	SM		13	38	17		27	46	18		41	28	16		58	21		<b>20</b>
			John Black	13	38		Martin Hockey	14	8		Toby Markham	13	42		Peter Mckerrell	16	53		
37	OH	U15		13	0	13		28	22	19		43	2	20		58	38		<b>21</b>
			Annalie Cole	13	0		Aoibheann Pe	15	22		Rosie Shaw	14	40		Becci Leddy	15	36		
18	TP	NS		14	51	25		30	59	25		44	38	23		58	51		<b>22</b>
			Paul Hart	14	51		Malcolm Allen	16	8		Neil Kimberley2	13	39		Edwin Coutts2	14	13		

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6	OH	SW		14	13	22		28	23	20		44	16	22		59	23	<b>23</b>
			Ella Wilson	14	13		Alison Taylor	14	10		Frances Wilson	15	53		Pippa Dowswell	15	7	
1	BA	SW		13	55	20		29	58	23		45	28	24		59	31	<b>24</b>
			Nicola Froud	13	55		Kirsty Johnsto	16	3		Pauline Michael	15	30		Sarah Boxer	14	3	
40	DA	NS		15	42	28		31	11	26		46	13	26		59	31	<b>25</b>
			Ian Cummins	15	42		Trevor Robins	15	29		Rohanna Islam	15	2		Gary Coombes	13	18	
39	DA	NS		11	54	8		29	18	22		45	34	25		60	6	<b>26</b>
			Gary Coombes	11	54		Michael Pegna	17	24		Jenny Akroyd	16	16		Richard Dudma	14	32	
33	VP	SW		15	25	27		31	45	28		48	12	28		63	44	<b>27</b>
			Joyce Berry	15	25		Victoria Fabbri	16	20		Philippa Cockma	16	27		Martine Sharee	15	32	
17	TP	SW		14	38	24		28	52	21		47	22	27		64	50	<b>28</b>
			Judy Prior	14	38		Emily Clarke	14	14		Anne Ward	18	30		Christine Hawke	17	28	
26	EM	SW		15	58	29		33	35	30		49	17	30		66	38	<b>29</b>
			Gail Hennessy	15	58		Mala Singh	17	37		Jenni Hall	15	42		Janine Durrant	17	21	
44	EM	SM		17	54	35		31	59	29		48	23	29		67	6	<b>30</b>
			John McCorma	17	54		Adrian Frost	14	5		Aaron Plumber	16	24		Jayon Nayar	18	43	
41	EL	NS		16	16	30		37	49	35		53	30	34		68	50	<b>31</b>
			Maud Hodson	16	16		Maya Goodwin	21	33		Rachel Le Roux	15	41		Louis Le Roux	15	20	
7	OH	SW		16	59	31		34	58	32		49	40	31		69	44	<b>32</b>
			Nessa Clyne	16	59		Louise Szlezin	17	59		Karen West	14	42		Gill Scott	20	4	
45	EM	SM		17	53	34		40	27	37		52	47	33		70	44	<b>33</b>
			Cuthbert Clare	17	53		Robert Maggio	22	34		Paul Boddey	12	20		Paul Manson	17	57	
27	EM	SW		18	6	36		35	53	33		54	49	35		71	34	<b>34</b>
			Hayley Dalton	18	6		Michelle Baxte	17	47		Rachel Brittle	18	56		Louise Vacher	16	45	
12	LO	NS		16	59	32		34	39	31		51	5	32		75	5	<b>35</b>
			David Hobbs	16	59		Jean Hobbs	17	40		Michaela Davis	16	26		Gwen Harwood	24	0	
28	EM	NS		18	19	37		36	27	34		88	0	36		88	0	<b>36</b>
			Mollie McGuig	18	19		Christina Wats	18	8			51	33			0	0	
46	EM	NS		19	16	38		39	47	36		89	0	37		89	0	<b>37</b>
			Chloe Woodhe	19	16		Sue Unsworth	20	31			49	13			0	0	
34	VP	NS		17	47	33		90	0	38		90	0	38		90	0	<b>38</b>
			Ebolum Mordi	17	47			+01	+01			0	0			0	0	