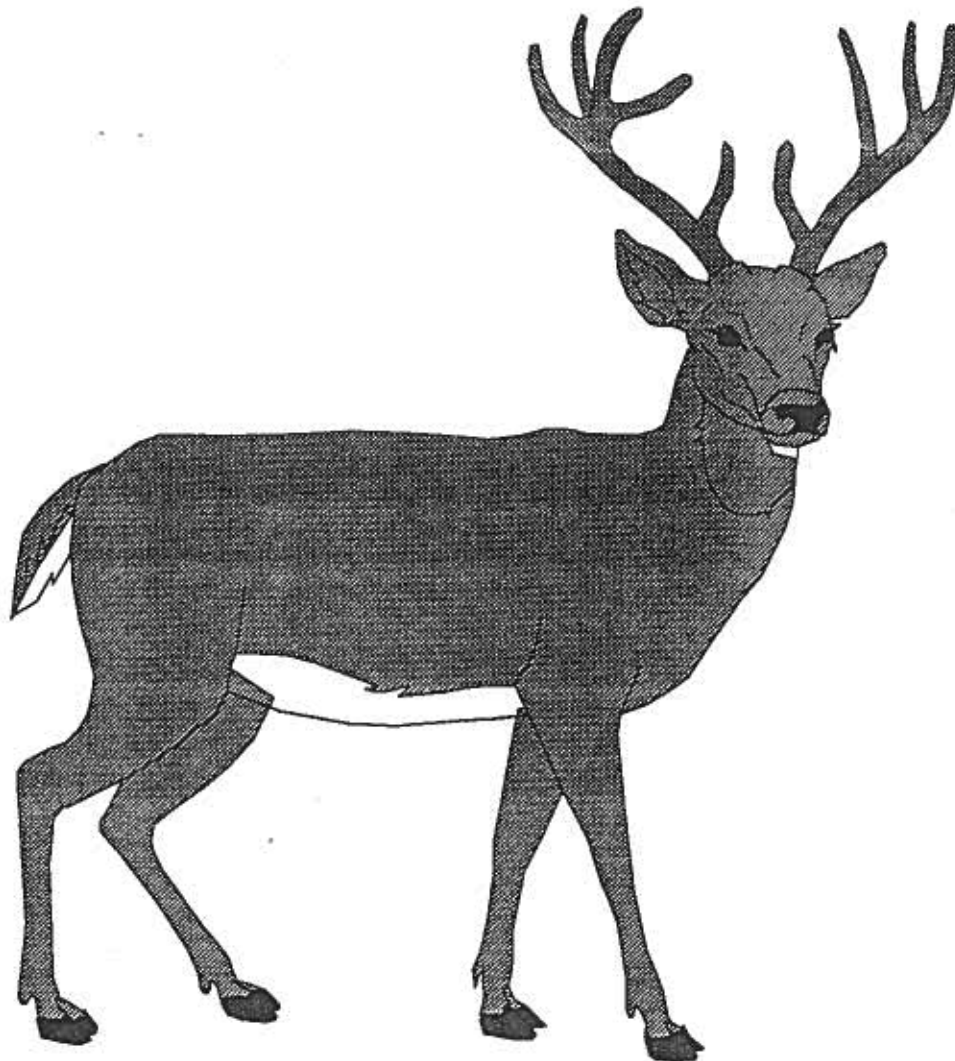


ETON MANOR A.C.

FORMED 1913

AFFILIATED TO A.A.A. 1920

Life president :- Les Golding O.B.E.



THE GAZETTE

Issue 8 April 1995

Cross Country Sec.
George Smith
32 Raven Close
Billericay
Essex CM12 0AJ

Road Running Sec.
Tom Everitt
25 Chadwick Rd
Leytonstone E11

Hon. Treasurer
Steve Adams
2 Elmwood Court
112 Goldsmith Rd
Leyton E10

Gen. Sec.
Steve Beckett
23 Haseby Rd
Clayhall
Ilford Essex IG5 0NW





The story of the early days of the Eton Manor Clubs

The Old and the New

Re-printed from 'Chin-Wag', June 1913

It is difficult to realise that on the 1st July, we shall have reached the day to which we have so long looked forward, and be in occupation of our new buildings. The old Club has closed its doors to us; the new is about to open; and now, as we stand at the parting of the ways, it is natural that we should look back and reflect on the rapid growth of what six years ago was one of the smallest Clubs in London.

My first recollection of the Club is of three dirty rooms, about 30 very cheerful members, and a much harassed caretaker who at the moment of my introduction was engaged in combing from his whiskers the mud with which his charges had been pelting him.

Amongst members two sports seemed more popular than the rest; one, the emptying of flour onto the heads of persons ascending the stairs, the other, that of blowing down the gaspipes and escaping amid the darkness and confusion which immediately ensued. In November, 1907, the first Committee of six boys (four of whom are still with us as Old Boys) was appointed to manage the affairs of the Club, and a change soon made its appearance. The five small rooms at the top of the building were re-arranged so as to form another large club-room, the bathroom was put in, and the Penny Bank started. In August, 1907, was held the first Camp for Club members, some 20 of whom were present that year. The following autumn saw the establishment of the first Boxing Class and the formation of the Harriers Club, while the Eton Otters Swimming Club came into being in the early part of 1909. In the summer of that year, those of us most closely interested in the welfare of the Club, felt it to be essential that some satisfactory outlet should be provided for members as they became too old to remain in a Boys' Club; this led to the foundation of the Eton Old Boys' Club which was formally opened in the old Daintry Street coal-shop on November 10th, 1909. From this point dates the gradual establishment of the Clubs as an independent and separate organisation.

It had soon become apparent that a proper club-house would be required to accommodate the rapidly increasing number of Old Boys, and in the autumn of 1911 it was decided to erect one large building which should house both Boys' and Old Boys' Clubs; after considerable difficulty the present site was obtained, and to-day—where formerly stood the Old Manor Farm of the village of Hackney Wyke—are to be seen the new Clubs of which we are all so justly proud.

And now—what of the future? In the Minutes of the first General Meeting that we ever held in the old Club I find the following words: '... If the Club is to be a real success it must rest in the long run with the members themselves ...' and those words are as true to-day as they were six years ago. Magnificent buildings alone cannot make the Club a success. The future is in the hands of our members. Let each one come in order to give as well as to get; to give of his energy, his loyalty and his devotion in return for the privilege of membership.

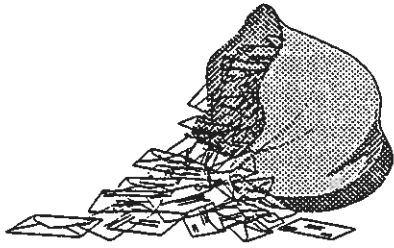
Such organisations as ours cannot stand still; forward we must go or back, and as our membership increases, so will the responsibility of every member grow to be the greater. Of friends we have a multitude; friends who by their generosity have made it possible for these Clubs to be built. How can we keep these friends except by showing that we are prepared to make the most of our opportunity? In our new home provision has been made for the likes and occupations of every single member and there will be no room for the slacker. We have hoped much, we have worked hard, and now, at last we claim to have the best Club in the world; more than that, we have the best President in the world in Field Marshal Lord Roberts, v.c.

May the future prove that we are worthy of both.

Gerald Wellesley



Reunion Day at the Wilderness, 1960.



CHINGFORD 8
Sunday 11th September 1994

CLUB MAILBAG.

On putting pen to paper for this article, I still find myself tangled in negotiations with Waltham Forest in regards to the new club house. I know it has been dragging on, and believe you me, I am as fed up with the situation as everyone else, probably more so. I promised things would happen, and as of yet, they haven't. I trust you'll all bear with me on this matter. It is after all, dealings with our Local Authority.. I will keep you all posted.

In the minutes of the first general meeting ever held at The Old Club were penned the following words.. I propose to the membership that we adopt these now as the clubs motto. I would like to hear your views on this.

If The Club is to be a real success, it must rest in the long run with the members themselves.. and those words are as true today as they were over 80 years ago. Magnificent buildings alone cannot make the Club a success. The future is in the hands of the members. Let each one come in order to give as well as to get; to give of his energy, his loyalty and his devotion in return for the privilege of membership.

Following on the Early days history of the Club, I now enclose the last chapter in our brief look back over those early years. I hope you've enjoyed the read, and hopefully, at some stage in the near future, I may be able to obtain more details of our Clubs history.

This was my first time around this course, which is undulating(UPHILL) and very tough. Editors comments:- I think he means its a MAN'S course.. Lets face it, only a sadist would place Daws Hill 7 miles into and 8 mile race. Anyway, lets get to the results. Michael Cates leading the Eton Manor challenge in 4th place, with Glyn Sayer finishing in 10th and Steve Adams in 28th. Fred Cattell also had a good run , finishing 126th place overall.

So, onto the trophy ceremony. With Michael and Glyn receiving medals for top 10 finishers, and Glyn being the first vet 50, and also receiving another medal,it was a great result for the Club. But this wasn't the last of the Eton Manor success. SHOCK! HORROR!. We won the Team prize, probably for the first time since Glyn shaved off his sideburns (@1970). Yes, we beat teams from Orion, Walthamstow and Lea Valley amongst others, to receive the TEAM gong.

P.S. Michaels Cates :- when are you going to let Glyn and Myself have our four months share of the trophy?

report by:- Steve Adams

RACE RESULT

1) S.Kerr	Lon.Irish	42.29
4) M.Cates	Eton Manor	46.37
10) G.Sayer 1st V50	" "	49.29
28) S.Adams	" "	52.36
126) F.Cattell	" "	69.13

157 finishers

Team result

- 1) Eton Manor 42pts
 - 2) Lea Valley 54pts
 - 3) Orion Harriers 58pts
- 13 teams finished

OTHER RESULTS

Uncle Ben's Poly Marathon
25th September 1994 - Windsor

259th S.Beckett	3hrs 41mins 1sec
331st M.Holloway	4hrs 2mins 31secs

Well done to Mark, competing in his first ever Marathon. Great run.

**1ST CHINGFORD LEAGUE RACE
TUESDAY 4TH OCTOBER 1994
EASTWAY**

Wonders of wonders. We're off to a flying start for the winter season. A good turnout on the night saw all our team results coming along with a bang. Lets hope we can sustain it throughout the remaining races.

First man home was Michael Cates in 10th place with a time of 16.02. Michael's been off the boil for a little while, but the sparkle seems to be returning. He had his usual battle with Paul Filler from Orion, but once Paul nosed in front, Michael had to settle for finishing two places behind. Second scorer for the "A" team was Neil Pitcher. Neil is another returning to form after a virus that put him back for a long time. His time of 17.26 gave him 45th place overall. Chasing hard on Neil's heels came old dog Glyn Sayer. Glyn's time of 17.49 gave him 54th place overall, just ahead of Bob Pitcher, yet another on the come back trail. !!!! It would seem that I am using these words rather a lot, but it's true. A serious injury kept Bob out of action, but the good news is, according to him HE'S BACK.. Great run Bob. Fifth scorer for the "A" team was Steve "how did your run go" Adams. Steve clocked 18.18 for 64th place tonight to smash his PB by a minute, and in doing so also helped him to see off Tom Everitt. Tom gave him a hard race of it though, but had to settle for 68th place in a time of 18.24, just six seconds behind Steve. Yet again, well-done Steve.

On the "B" team front, Chris Bamforth led the charge, and I do mean charge. Going up the big hill, he stormed past me as if I were standing still. Must be all them Wheatabix he's eating. His time of 18.28 nearly gained him an "A" team place, only just missing out on catching Tom by a meager 4 seconds. I think you'll have to watch out Tom. Chris's secret training seems to be working. Next home for the "B" team was yours truly, Steve Beckett. I clocked 19.46 that equaled my previous best, but was not enough to get in amongst the others. Who knows, perhaps the next time though? Third scorer was Terry Casey, Chasing hard all the way round, and clocking 20.17 for 108th place. Great run Terry. I see I will have to keep looking over my shoulder.

Fourth scorer was Mick Fitzgibbon, but only just, after a hard fought slog with Mick Stanley most of the way round. MF gained the upper edge on the final climb to the finish, coming home in 115th place in a time of 20.58, with MS clocking 21.02 for 116th place. Watch this space for the next race! Final scorer for the "B" team, but again, not until he actually crossed the line, was Fred Cattell. As Fred came up the final hill, there were only yards between him, George Smith and Pam Ackland-Snow, with a mere 14seconds covering all three of them at the finish. Both Fred and Pam knocked over three minutes off there respective PB's, which is fantastic for both of them. Well done. Getting back to George Smith. Well, what can you say. One problem after another, and yet he is still in there fighting to the finish. Good to see you in the fray George. Well done.

Finally, on summing up, I would like to thank everyone for turning up and competing. See you all at the next meet.

RACE RESULT

1) C.Brogan	W'Grn	15.25
2) M.Smith	Har	15.28
3) D.Norriss *	W'Grn	15.33
8) P.Filler *	Orion	15.48
10) M.Cates	Eton Manor	16.02
35) A.Eccles *	Orion	17.12
37) R.Warner *	Orion	17.16
41) S.Gale *	Orion	17.21
45) N.Pitcher	Eton Manor	17.26
54) G.Sayer	" " v50	17.49
59) R.Pitcher	" "	18.08
64) S.Adams	" "	18.18
68) T.Everitt	" " v60	18.24
73) C.Bamforth	" "	18.28
77) C.Mills *	Orion	18.40
101) S.Beckett	Eton Manor v40	19.46
108) T.Casey	" " v50	20.17
115) M.Fitzgibbon	" " v45	20.58
116) M.Stanley	" " v50	21.02
123) F.Cattell	" " v50	22.23
124) G.North *	Orion	22.28
125) G.Smith	Eton Manor v65	22.34
126) P.Acland-Snow	" " lv40	22.37

* denotes second claim member

results continued..

"A" team result		"B" team result	
1) Haringey	120pts	1) Enfield	43 lpts
2) W'Grn	128	2) Trent Pk	485
3) Orion	131	3) VPH	493
9) Eton Manor	300	6) Eton Manor	636

"Vets" Team result	
1) Enfield	162pts
2) Barnet	197
3) VPH	282
5) Eton Manor	331

**INGATESTONE 5 MILE ROAD RACE
SUNDAY 9TH OCTOBER 1994**

Just a few of us turned out for this annual race, but good results were achieved anyway.

First scorer for the club was Glyn Sayer. His time of 28.48 gave him 26th overall place, and second place over 50 prize.

Chasing hard on Glyn's heels came Tom Everitt. Tom gave Glyn a run for his money, but had to settle for 44th place in a time of 30.20. Although a bit slower than he hoped for, it still gave him 1st over 60's prize on the day. Well done Tom.

Third scorer for the Club was yours truly, Steve Beckett. My finishing time of 33.35 gave me 105th place on the day. Next man in was Mick Fitzgibbon. He led me for a mile or so, so did well to hang in there to the death, clocking a time of 34.44 for 116th place on the day. The form is returning Mick. Great to see it as well.

Next home was Pam Ackland-Snow. Pam also ran a blinder, clocking 38.41 for 177th place. I don't think she'll ever forgive me though for not mentioning the hill at about a mile and a half into the race. It would appear that my memory went astray!! Still, a good time none the less. Well done Pam.

RACE RESULT

1) D.Tullet	Chelmsford	24.52
2) J.Gentry	Newham & EB	24.54
3) P.Barr	Chelmsford	25.36
26) G.Sayer	Eton Manor v50	28.48
44) T.Everitt	" " v60	30.20
105) S.Beckett	" " v40	33.35
116) M.Fitzgibbon	" " v45	34.44
177) P.Ackland-Snow	" "	38.41

**2ND CHINGFORD LEAGUE RACE
SATURDAY 15TH OCTOBER 1994
CLAYBURY**

By the time this esteemed organ is published you may have forgotten what an utterly brilliant Autumn day this was. The sun was shining, it was comfortably mild, and there was no wind. The race was run at Claybury on a fairly hard surface. I appreciate for the more hard-core cross country runners amongst you this is not ideal, as a race can only qualify as cross country if at the end of it the only part of your anatomy not plastered in mud are your eyeballs. However, for twelve Eton Manor athletes, and a total field of about 150 we were more than happy.

The course was a small loop followed by two large laps, with the bulk of it being in the woods (which for Steve Adams was just as well as he was going to need a few trees and bushes). The distance was estimated at five miles, but the consensus of opinion was that it was nearer 4.75. The conditions and distance meant that this race was going to be fast and competitive.

We were to be without the ever youthful Tommy Everitt because he had just turned sixty (yes, yes, I know he doesn't look it but it's true) and was going to attempt a good 10k time at Southend the following day. This didn't prevent him from turning up to hand out the numbers and support the team as they ran by.

The race started at a few minutes past 3.00pm. A fairly large field on a narrow course led to a problem with bunching. This meant that the initial pace was a bit pedestrian. This factor compounded with the competitive nature of the race meant that there was a general reluctance to let people overtake, i.e. ELBOWS WERE OUT. I should imagine from a spectators point of view it must have looked like 150 runners charging down a narrow path doing the Birdie dance (you know, that dreadful record that gets trotted out at the office Christmas party when everyone is too senseless to know any better).

report continued...

One particular finely tuned athlete was able to overcome this problem. With his assertive style and excellent turn of speed he was able to get by some of the better Eton Manor, and more importantly Orion, runners and build up a bit of a gap. However, this was fairly short-lived and by the second lap all of them had gone by me and I was back in the position where I would have been in the first place.

One of the competitors in this group was Steve Adams. After he had re-established his former position and overtaken me I was slowly reeling him in. In doing so we seemed to be gaining on Neil Pitcher, unfortunately Neil had to drop out with an alleged knee problem (give up the booze and women Neil it's not doing your running any good).

He was not going to be the only casualty. I was ten yards behind Steve and gaining fast when he pulls up and disappears into the fauna with the recurrence of an old problem. He was not going to be a happy man that's for sure.

Yet another casualty was Bob Pitcher, in the post match interview he said he was "feeling tired and just couldn't get going" (unlike Steve - whose problem was he couldn't stop).

This meant that the third man in for the Manor was me. At least four runners who would usually be in front of me either weren't running, dropped out or had fallen by the way side. But don't worry, I'm still claiming the scalps.

In front of me was Michael who was eleventh, and Glynn who came fifty-seventh. Right behind me, in fact if he'd been any closer we would have been mistaken for Siamese twins, was Steve Golding. Be warned, he has a completely silent running style and it wasn't until George Smith shouted "come on Steve" that I knew he was even close.

Bob Pitcher was next coming in 99th, a position that he's not used to and will no doubt improve upon

A bit behind him was Keith Adams who I think was a bit surprised at the improvement in quality of running in the Club. He will no doubt be out getting in some sneaky training over the next few weeks, so watch this space.

The most entertaining finish was the battle between Mick Fitzgibbon and Steve Beckett.

Mick out sprinted Steve in the race to the line. As Mick dashed to the finish there was an "accidental" clash of elbows (it was that sort of race) and Steve bashed him in the drinking arm. The resultant nasty bruise has meant that Mick was to experience extreme difficulty in raising a pint. In the following weeks the injury got so bad that he told me he had to go to the doctors as there was a risk that he might be turning into a Low Alcoholic.

Next in was Steve Adams, whose time was 33.50. I think he would have comfortably broken the 30 minute's barrier had he not had to make a pit stop.

Fred and Pam put up a stalwart battle in the rear of the field, with the honours this time going to Fred.

report:- Chris Bamforth

RACE RESULTS

1) M.Smith	Haringey	24.32
2) J.Kilsby	"	24.44
3) D.Rose	Walthamstow	24.47
9) P.Filler *	Orion	25.26
11) M.Cates	Eton Manor	25.35
39) R. Warner *	Orion	27.52
57) G.Sayer	Eton Manor v50	28.53
84) C.Mills *	Orion	29.57
86) C.Bamforth	Eton Manor	30.00
87) S.Golding	" " v40	30.04
99) R.Pitcher	" "	30.46
101)K.Adams	" "	30.58
122)M.Fitzgibbon	" " v45	32.35
123)S.Beckett	" " v40	32.36
132)S.Adams	" "	33.50
147)F.Cattell	" " v50	36.59
148)P.Ackland-Snow	" " Lv	37.12

* denotes second claim member

"A" team result		"B" team result	
1) Haringey		1) Orion	304pts
99110pts			
2) W'Grn	125	2) W'Grn	309
3) Orion	140	3) Enfield	474
10) Eton Manor	441	8) Eton Manor	827

"Vets" Team result

1) Barnet	123pts
2) Orion	141
3) W'Grn	173
7) Eton Manor	389

results continued.....

LEAGUE POSITIONS AFTER 3 RACES

"A" team		"B" team	
1) W'Grn	36pts	1) Orion	36pts
2) Orion	35	2) Enfield	33
3) Haringey	35	3) Trent Park	31
10) Eton Manor	14	6) Eton Manor	22

"Vets" Team

1) Barnet	37pts
2) Enfield	36
3) Orion	32
6) Eton Manor	24

W hat ever happened to.....

Steve Saffa's underpants,
That wig,
Bob Pitcher's handicap,
Keith Adams lycra running shorts,
Ali and the Eagle Pond incident,
Michael Cates's boil,
Mick's bunion,
The fiver Steve Adams owes Chris Bamforth,
Peter Kearsy's flower pot shaped running socks,
The ADT Marathon T-shirt.

Pelham & Abbot

The Ideal Christmas Read.

The Pelham and Abbot book will be shortly appearing in your shops, ready for Christmas. A snip at £199.99. Amongst the many exclusive stories is the gory truth behind the alleged affair between the dashing and debonair Glynn Sayer and Princess Diana - who he once had in the back of his cab, or so he tells us.

We also reveal the name of the female member of the Royal Family who owns a Ford Cabriolet and leaves it parked outside Elmwood Court, particularly between the hours of midnight and 4:00am. Who is she, what Eton Manor club member is she playing around with, shouldn't he get better fitting curtains, we have the pictures.

If you would like us to rush you a copy please send cash only for the full amount to our usual address in the Bahamas.

If you'd like us to withhold from publication the more compromising pictures.... cash in a brown paper bag left in the normal place would do nicely, thank you very much.

Pelham & Abbot

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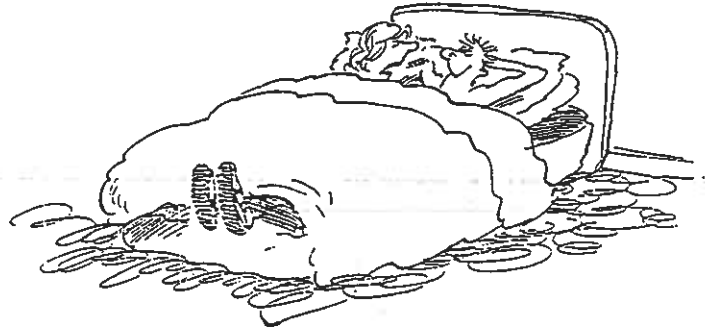
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For References - Please Contact Gloucester CID

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GIVE US THE JOB - LIE DOWN AND RELAX - WE'LL PROVIDE THE COVER

Chris Bamforth, caught training hard as usual.....



"I know it's supposed to be the equivalent of a two-mile run, but there's no need to dress for the part!"

Would you Adam and Eve it..

The current take-over of the club by the Adams family may well have raised a few eyebrows at the last AGM. To have one on the executive board may be fine, but to have two in such senior positions could prove dangerous - in fact, our sources tell us that the backhanders were of such a magnitude that even certain Tory ministers would have been embarrassed.

We are reliably informed that there is a proposal to change the name of the club from Eton Manor to Adams Manor, and that runners will no longer be selected on the basis of their athletic prowess, but the size of their proboscis.

There is a further rumour that we are to join the Adamite's, an obscure sect who follow the lifestyle of mankind's biblical predecessor. If you think we are going to run a long Chats in the middle of January wearing nothing but a smile you've got another thought coming.

Throughout history the name Adam(s) has been associated with cock-ups. Even the first man on the planet made a mess of it for all of us, especially in matters concerning women. No prizes for guessing what his name was. Still, there's nothing new in making a complete ass of yourself over sex - although, he was the first (but definitely not the last).

Other historic associations with the name Adam(s) that spring to mind are MacAdam - the bloke who invented Tarmac. Thanks mate, we really appreciate the M11 link road. Adam Smith, the economist, let's hope his successor makes a better job of the club finances than this fellows' theories have done to the UK's economy. Tony Adams, the Arsenal footballer - well really, Arsenal, do we have to explain any further.

Every time the name Adam(s) appears there has been some sort of unmitigated failure. You have been warned.

Vote Pelham & Abbot for Club Treasurer and Captain - we could use a holiday in the sun (paid for out of clubs funds, of course).

Pelham & Abbot

MOB MATCH v ORION HARRIERS SATURDAY 19TH OCTOBER 1995

Well, you always know when the cross country season is under way after a run round a hilly and muddy Orion course, which is exactly what happened here.

Eton Manor did not have a full squad, but by 3pm, we, the six that turned up enjoyed the day, and put up a good show against a strong Orion side.

Leading us home was Michael Cates in fifth place after a good run. Your's truly finished in nineteenth place after an enjoyable race with Micky Wells from Orion, including a great battle up Yardley Hill, where we swapped places half a dozen times. Glyn Sayer was next home in twenty sixth place, sandwiched between Bryan Read and Quinton Broadbent. Next was Neil Pitcher in thirtieth place, tiring rapidly after a flying start. I think Neil will be the first to admit that the mud took its toll, but I am sure that with a few more races he will feel a lot stronger for the coming season.

Keith Adams was just beaten by Clive Mills as they finished in thirty eighth and thirty ninth positions respectively.

Last, but by no means least was Bobbbb Pitcher, who finished in fiftly second place after a gritty run.

report by:- Steve Adams

RACE RESULT

1)	Bill Wooton	Orion	38.29
3)	Paul Filler	* "	38.32
5)	Michael Cates	E.M.	40.18
19)	Steve Adams	"	44.03
20)	Mick Wells	* Orion	44.05
23)	Gary Scannell	"	44.50
25)	Brian Read	"	44.54
26)	Glyn Sayer	E.M.	45.10
30)	Neil Pitcher	"	46.29
38)	Clive Mills	* Orion	47.47
39)	Keith Adams	E.M.	47.51
52)	Bob Pitcher	"	50.24

77 finished

* denotes second claim Eton Manor

Match result

Orion 16pts Eton Manor 86pts

VICTORY AT HOMERTON....

3RD JANUARY 1995tANKS

Thanks to another fine turnout, we were able to win this old annual fixture against our friends from Victoria Park Harriers.

There was some doubt as to whether we could race on the night, due to some local roads still being frozen and icy, but fortunately the actual course was completely clear.

With fourteen members in attendance, plus two second claim members, and the Park struggling for support on the night, it was agreed on 8 to score, with Steve Beckett and Pam Ackland-Snow agreeing to time keep and officiate.

Richard newbold from the Park and Michael Cates for us set off at a reasonably fast pace, going pretty well clear from the rest of the field, with Newbold pressing on for a comfortable win, and Michael settling for second place. Our next scorer, young Neil Pitcher showed sings of returning to form with a PB by 3 seconds in 5th place.

V50 Glyn Sayer was next in 7th, and just behind there was a battle for 8th, 9th and 10th places, with Steve Adams(a PB by 51secs) winning this battle from Mick Wells and Chris Bamforth (also a PB by 62secs) in that order.

Following hard on their heels was yet another battle between new vet BOBbbb Pitcher and Tom Everitt, with BOBbbb's younger legs just getting the edge. This completed our 8 scorers, with fine packing of 8 in 12

Onto the equally important remaining scorers, thus pushing the Park's team lower down the finishing order. Keith adams(yet another PB by 44secs) did battle with Clive Mills(also a PB by 21 secs), with Keith just edging Clive out on the run in. Terry Casey (V50) had a fine run for 18th place overall, and he also edged his PB by 2secs. Mark Holloway was next, again with a PB by 8secs, followed home by Mick Stanley and finally Mick Fitzgibbon, easing back to racing after injury.

results follow..

report by Tom Everitt.

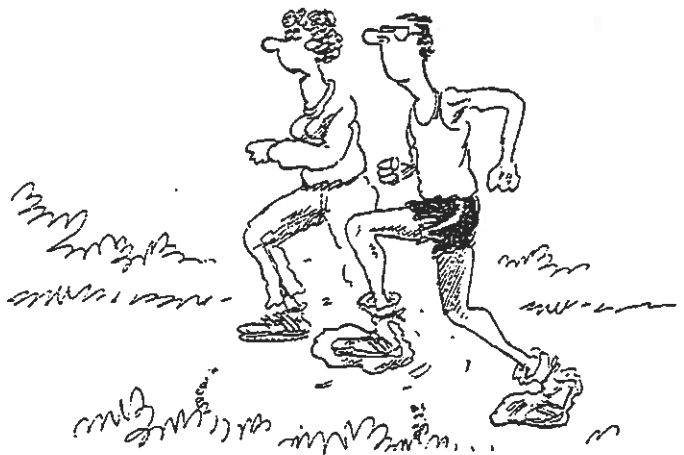
RACE RESULT

1) R.Newbold	VPH	14.57
2) M.Cates	Eton Manor	15.12
5) N.Pitcher	Eton Manor	16.12
7) G.Sayer	V50 " "	16.39
8) S.Adams	" "	16.54
9) M.Wells	" "	16.57
10) C.Bamforth	" "	17.03
11) R.Pitcher	V40 " "	17.16
12) T.Everitt	V60 " "	17.16
14) K.Adams	" "	17.32
15) C.Mills	" "	17.33
18) T.Casey	V50 " "	18.36
20) M.Holloway	" "	20.28
21) M.Stanley	V50 " "	20.35
22) M.Fitzgibbon	V " "	20.45

TEAM RESULT

1) Eton Manor	64
2) V.P.H.	79

 Steve Adams, seen here with a secret running mate..



"I know they were expensive. but you can't keep plastic bags on them forever.."

**CHINGFORD LEAGUE 5.75 MILES
TRENT PARK SAT 31ST JANUARY 1995**

On a cold, wet and miserable day at Trent Park, it was always going to be tough on the sticky and undulating Trotters cross country course. Unfortunately again we were one short of completing "A" and "B" teams, but none the less, appreciation for the eleven, plus injured George Smith turning up as Team Manager, yet again on the day.

The race was won by M. Smith of Haringey in 32.52, and once again our front scorer Michael Cates having a respectable run for 17th place in 34.59. A superb run, especially in the conditions for Neil Pitcher, our second scorer in 46th place with 37.35. That should give the old(or young) confidence a booster.

Perhaps surprising a few of us and some of the opposition in 70th place, Turbo charged Chris Bamforth with a time of 39.04. Keep it going Chris..

Next, one hundred and eleven years of skin, bone muscle and now beard, Tom Everitt and Glyn Sayer, both with 39.30 for 82nd and 83rd placings respectively. Completing the "A" team, a Slightly below par Steve Adams in 92nd spot with a time of 40.01, followed by laedind "B" team man, brother Keith Adams, in a time of 41.14 for 102nd place.

Bob Pitchers first league run as Vet(welcome to the fold Bobbbb), saw him home in 188th place with a time of 42.37. Well done OLD timer..

Then there was the usual battle on the country for the two (V50's), Micky Stanley and Terry Casey. Mick finishing the stonger in 44.49, with Terry just off this pace in 45.00 dead. Finally, our fifth scorer for the "B" team was another of our V50's runners, Fred Cattell, coming home in a time of 49.15 for 153rd place on the day. Godd run Fred, especially with limited training and these conditions. Your performance was much appreciated.

report by Tom Everitt

RACE RESULT

17) M.Cates	Eton Manor	34.59
46) N.Pitcher	" "	37.35
70) C.Bamforth	" "	39.04
82) T.Everitt	V50	39.30
83) G.Sayer	V50	39.30
92) S.Adams	Eton Manor	40.01
102)K.Adams	" "	41.14
118)R.Pitcher	" "	42.37
136)M.Stanley	" "	v50 44.49
138)T.Casey	" "	v50 45.00
153)F.Cattell	" "	v50 47.15

* denotes second claim member

"A" team result "B" team result

9) Eton Manor 390 6) Eton Manor 810

"Vets" Team result

6) Eton Manor 419



**LLOYDS BANK RELAYS - HYDE PARK
14TH OCTOBER 1994**

This annual event raises sponsorship for the cancer research fund, and is always well supported. This year was no exception, with up to forty teams from LLOYDS' branches all over the contry , plus a number of invited teams.

Prior to the event, we had selected Micky Bumstead , our leading runner, to run the last leg. On arriving at Hyde Park however, Micky informed us that because of business commitments, he would have to leave early. We therefore quickly revised our team sheet. Micky would lead off and I would follow him as the second runner.

As the first leg runners came into view after completing their two and a third mile laps, I was astonished(and somewhat alarmed) by the fact that Micky had established a clear lead at the head of the field of around fifty runners.Indeed, I quickly realised that for the first time in my athletics career I would have to run from the front. Faced with this unique predicament, I decided that the best policy was to go off at break-neck speed, in the hope that I could hold the lead for as long as possible.

On reaching the first mile marker, it seemed that my ploy might be working. I was still in the lead, and my thoughts were beginning to turn to the glory of handing over to our third team member with our advantage in tact. Unfortunately, this wishful thinking was soon shattered. Suddenly, a runner came shooting past, then another. By the end of my lap, I had to be content with fourth place. Ultimately, we managed seventh in the overall event, but success did not elude us entirely, as we won the veterans trophy. For the record, my time was 13minutes 45seconds.

report by:-

Terry Casey

**CHINGFORD LEAGUE
SATURDAY 11TH FEBRUARY 1995
VICTORIA PARK**

With everyone looking forward to a break from the mud and rain of the cross country , and Tom's promise that it wont be as cold and miserable as last week, we turned up looking for reasonable runs.

Well, it was just as wet and windy for the league race at Victoria park .

Despite this, an almost full turnout of our active members saw us to the fore today. Unfortunately, Neil Pitcher turned up but was too unwell to race. All this plus the support of injured George Smith and wife Jean and a few others members girlfriends enabled us to record an "A" team placing 7th, "B" team 7th and Vets team 5th. Well done lads. Keep up the good work.

The actual race being won by Larry Mangleshot of Woodford Green in 24.42, not one of the quicker times for the course , in fact, a minute slower than last year, no doubt due to the windy conditions, with most of the leading runners being that much down.

Easily first scorer for us yet again was Michael Cates, with fine run in 11th place. Next, and first over 50 on the day was a fine run by Glyn Sayer in 44th place.

Next home, and first over 60 was Tom Everitt in 63rd place, after a battle with new vet Bob Pitcher who finished 64th.

Completing the "A" team, a close battle between the Adams's and Chris Bamforth, with Keith coming out on top in an excelent 88th position, and Chris for 90th position. Steve had to settle for first "B" team place in 93rd place.

Next home with a good run was Terry Casey, just picking off Steve Beckett for 166th/117th placings. Micky Fitz was next in 129th place, after getting the better of Mark Holloway in 133rd. Apparently, Mark decide to have a look at another part of the park during the race, and straying slightly off course.

Micky Stanley completed the "B" team in 134th place, followed by Fred Cattell, our bit of insurance, with his ever reliable steady run for 141st place. Final scorer for the club was Pam, not at her fittest at the moment, who finished in 147th place.

report by:-

Tom Everitt

results follow.....

RACE RESULT

1) L.Mangleshot	W'Grn	24.42
2) C.Barley	Guest	24.53
3) S.Sear	W'Grn	25.04
8) P.Filler *	Orion	25.42
11) M.Cates	Eton Manor	25.58
32) Q.Broadbent *	Orion	27.52
42) R.Warner *	Orion	28.26
44) G.Sayer *	Eton Manor v50	28.32
58) P.Cressey *	Orion	29.18
59) M.Wells *	Orion	29.21
64) T.Everitt	Eton Manor v60	29.29
67) R.Pitcher	" "	29.45
70) C.Mills *	Orion	29.47
89) K.Adams	Eton Manor	30.40
91) C.Bamforth	" "	30.43
94) S.Adams	" "	30.54
117) T.Casey	" " v50	33.04
118) S.Beckett	" " v40	33.10
130) M.Fitzgibbon	" " v45	34.12
134)M.Holloway	" "	34.34
135)M.Stanley	" " v50	34.37
142) F.Cattell	" " v50	36.40
148) P.Ackland-Snow	" " lv	41.34

* denotes second claim member

"A" team result "B" team result

1) W'Green	102pts	1) Orion	314pts
2) Orion	145	2) Barnet	472
3) V.P.H.	152	3) W'Green	517
7) Eton Manor	362	7) Eton Manor	722

"Vets "Team result

1) W'Green	141pts
2) Barnet	198
3) Orion	208
5) Eton Manor	289

Spotted on a recent training run through the forest was old wats is name, errr, Steve errrr...



RODING VALLEY HALF MARATHON
SUNDAY 27TH FEBRUARY 1995

With a few of us running the London Marathon this year, this was to be a test for us all to see how the training was going.

First scorer for the club was Michael Cates in a time of 78.32. Not a brilliant run according to him, but not bad. This gave him 33rd place on the day, some way behind old advisory Paul Filler. Next home for the manor was Steve Adams, who ran a blinder to come home in a time of 86.54, a PB by some way. Great run Steve.

Having a fine run behind brother Steve was Keith Adams. His time of 91.32 was also a PB, and brought him home in 153rd place on the day. Chasing hard on Keith's heels came Steve Beckett. He gave chase from just over halfway, and was closing at about 9 miles, but Keith's strength took him away again in the latter stages. Steve finished with a time of 92.53, which gave him 174th place. Not bad after doing the Chingford relays the day before!

Steve was chased, and actually led for some distance by Mark Holloway. Mark was trying to beat Steve, but also to smash that elusive 90 minute barrier. At one stage I thought he was going to do it, but the wheels came off at about nine miles, and from then on, it was along run to the finishing line. His time of 95.01 saw him finish in 211th place, and smashing his PB by a full eight minutes. Great run Mark. Keep up the training.

Final scorer for the Manor was Fred Cattell, running in his first ever Half Marathon, and worried about being last or near to it. No fears about that Fred. He said his legs were a bit sore afterwards, but none the less, it was a fine effort anyway Fred. Fred's time of 109.52 gave him 447th place on the day, with loads of runners still a long way behind.

report by :- Steve Beckett

results follow.....

RACE RESULT

1) T.Kalermo	Finland	67.09
2) P.Cadwalader	Ron Hill Spt	67.22
3) L.Mangleshot	Wdfrd Grn	68.06
7) P.Filler	* Orion	72.24
3) M.Cates	Eton Manor	78.32
75) M.Wells	* Orion	84.13
77) B.Read	* "	84.18
103) S.Adams	Eton Manor	86.54
153) K.Adams	" "	91.12
174) S.Beckett	" "	92.53
211) M.Holloway	" "	95.01
447) F.Cattell	" "	109.52

666 finished

**CHINGFORD LEAGUE RACE
TUESDAY 29TH FEBRUARY 1995
EASTWAY**

With yet another good turnout tonight, and new vet member Allan Russell competing for the first time, expectations were high. Having seen Allan running the streets of Leyton, one could tell the potential was there.

His time of 17.58 brought him home in 37th overall place, 2nd scorer to Michael Cates who finished in 11th overall. Great runs by both. Third scorer for the "B" team was Glyn Sayer, just behind Allan in 43rd spot. Fourth scorer for the elite was Bobbb Pitcher. Bobbbb ran a cracker to come home just behind Glyn in 53rd place, persued hotly by younster Chris Bamforth, running yet another blinder in 63rd place.

Fifth scorer was Steve Adams, who after a dour battle with Chris, had to fend off old timer Tom Everitt in the dying stages of the race. Steve finishing in 65th, and Tom in 70th. This completed the "A" team.

First scorer for the "B" team was Keith Adams, who chased up his brother and Tom all the way to the line, but had to be content to play second fiddle on the night. His time of 19.34 saw him home in 77th place.

Next in for the B" team was Terry Casey, who ran a blinder to draw away from Steve Beckett, Mark Holloway and Micky Fitz on the run for the line. Steve just managed to hold the other two off, although there was only seconds in it at the finish. Great race lads.

Next home was fred Cattell, who ran yet another fine race for 119th place, followed

home by our only lady runner at present, Pam ackland-Snow, who is still struggling to find the form which saw her win the summer handicap league last year.

Well done to all those that took part tonight, and lets hope next year continues our improvement in the League. By the way, WE did manage our highest league positions this year , and the final place in the vets results, beating Orion, shows our potential if all turn up to race.

report by :- Steve Beckett

RACE RESULT

1) M.Smith	Haringey	15.50
2) C.Peirson	"	15.58
3) D.Rose	Walthamstow	16.01
5) P.Filler *	Orion	16.08
11) M.Cates	Eton Manor	16.27
22) R.Warner *	Orion	17.30
37) A.Russell	Eton Manor v40	17.58
43) G.Sayer	Eton Manor v50	18.12
53) R.Pitcher	" " v40	18.32
63) C.Bamforth	" "	18.54
65) S.Adams	" "	18.58
70) T.Everitt	Eton Manor v60	19.04
77) K.Adams	" "	19.34
86) C.Mills *	Orion	20.05
98) T.Casey	Eton Manor	20.45
104) S.Beckett	" " v40	21.00
105) M.Holloway	" "	21.04
107) M.Fitzgibbon	" " v45	21.08
119) F.Cattell	" " v50	23.30
122) P.Ackland-Snow	" " Lv	26.19

* denotes second claim member

"A" team result		"B" team result	
1) Haringey	83pts	1) Orion	422pts
2) Orion	117	2) W'Green	441
3) V.P.H.	120	3) Haringey	447
8) Eton Manor	272	5) Eton Manor	561

"Vets" Team result	
1) Barnet	127
2) Enfield	170
3) Eton Manor	203
7) Orion	298

Eton Manor final League Positions as follows:-

"A" team	10th
"B" team	6th
Vets team	4th

