

Race 3 Senior Women

Open

<i>Position</i>	<i>Number</i>	<i>Name</i>	<i>Cat</i>	<i>PosC</i>	<i>Actual time</i>	<i>Club</i>
1	219	Jessica Judd	FO	1	0:35:55.76	Blackburn Harriers AC
2	293	Lauren Deadman	FO	2	0:37:03.04	Havering AC
3	220	Hannah Irwin	FO	3	0:37:45.38	Braintree & District AC
4	202	Rachael Wiseman	F35	1	0:38:02.42	Basildon
5	205	Emma Houchell	FO	5	0:38:03.17	Basildon
6	204	Charlotte Bishop	FO	6	0:39:34.8	Basildon
7	383	Rachel Sweatt	FO	7	0:39:47.1	Witham Running Club
8	203	Kirsty Fitzgibbon	FO	8	0:39:52.39	Basildon
9	303	Sally Judd	F35	2	0:40:20.49	Herts Phoenix AC
10	347	Nikki Brockbank	F35	3	0:40:26.37	Springfield Striders
11	382	Laura Kaye	FO	11	0:40:45.09	Victoria Park Harriers and Tower
12	296	Vicky Smith	FO	12	0:40:54.38	Havering AC
13	207	Victoria Hiscock	FO	13	0:41:12.55	Benfleet RC
14	268	Naomi Dews	F35	4	0:41:13.6	Eton Manor AC
15	328	Lindsay Colman	F35	5	0:41:20.62	Southend AC
16	227	Aiko Hennington	F35	6	0:41:36.19	Colchester Harriers
17	391	Alicia Mcardell	FO	17	0:41:58.32	Woodford Green AC with Essex
18	300	Morgan Campbell	FO	18	0:42:05.38	Havering AC
19	294	Debbie Appleton	F45	1	0:42:19.01	Havering AC
20	270	Sarah Flanagan	F35	7	0:42:26.87	Eton Manor AC
21	335	Hayley Lamkin	FO	21	0:42:46.92	Southend AC
22	229	Andrea James	FO	22	0:42:50.08	Colchester Harriers
23	376	Jo Hall	FO	23	0:42:51.1	Victoria Park Harriers and Tower
24	248	Jennifer Ansell	FO	24	0:43:17.32	East London Runners
25	297	Robyn Matson	FO	25	0:43:20.68	Havering AC
26	236	Denise Morley	F45	2	0:43:27.42	Colchester Harriers
27	224	Helen Taczynski	F35	8	0:43:31.8	Colchester Harriers
28	234	Margaret Deacy	F45	3	0:43:53.44	Colchester Harriers
29	360	Toni Radley	F45	4	0:43:56.04	Thurrock Harriers AC
30	230	Rebecca Cooke	FO	30	0:44:02.77	Colchester Harriers
31	210	Dominique Hart	F35	9	0:44:03.65	Benfleet RC
32	357	Lucy Golding	FO	32	0:44:16.25	Thurrock Harriers AC
33	336	Sarah Pennington	FO	33	0:44:22.63	Southend AC
34	381	Susan Bint	F35	10	0:44:26.03	Victoria Park Harriers and Tower
35	334	Sarah Imbush	FO	35	0:44:48.16	Southend AC
36	333	Holly Gillard	FO	36	0:45:07.04	Southend AC
37	221	Kathleen Short	F35	11	0:45:27.28	Brentwood Running Club
38	299	Clare Davies	FO	38	0:45:55.04	Havering AC
39	278	Zoe Woodward	F55	1	0:46:09.79	Eton Manor AC
40	349	Rebecca Pitman	F55	2	0:46:10.18	Springfield Striders
41	269	Claire Fisher	FO	41	0:46:11.12	Eton Manor AC
42	337	Annabel Matthews-smith	FO	42	0:46:11.66	Southend AC
43	329	Tracy English	F35	12	0:46:37.89	Southend AC
44	295	Joanne Sullivan	F45	5	0:46:40.59	Havering AC
45	240	Jordi Moat	FO	45	0:46:42.98	Colchester Harriers
46	348	Polly Bridgman	F35	13	0:46:57.05	Springfield Striders
47	287	Rachael Roughan	F35	14	0:47:02.1	Halstead Road Runners
48	206	Louise Douglass	F35	15	0:47:23.1	Basildon
49	275	Jane Rukin-white	FO	49	0:47:27.85	Eton Manor AC
50	368	Tracy Harrington	F45	6	0:47:31.97	Tiptree Road Runners
51	209	Jayne Stacey	FO	51	0:47:39.79	Benfleet RC
52	361	Jodie Farrell	F45	7	0:47:44.11	Thurrock Harriers AC
53	226	Kate Gibson	F45	8	0:47:59.78	Colchester Harriers
54	310	Pippa Dowswell	F45	9	0:48:02.22	Orion Harriers
55	239	Ella Neale	FO	55	0:48:14.16	Colchester Harriers
56	353	Vic Curren	F35	16	0:48:24.49	Springfield Striders

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57	309	Carlie Qirem	FO	57	0:48:48.9	Iford AC
58	214	Barbara Aldridge	FO	58	0:48:54.02	Billericay Striders
59	250	Sarah Burns	F35	17	0:49:01.42	East London Runners
60	279	Meera Rajoo-oakley	FO	60	0:49:02.64	Great Bentley Running Club
61	274	Kate Malcolm	F45	10	0:49:05.34	Eton Manor AC
62	292	Madeline Lewis	F35	18	0:50:19.33	Harwich Runners
63	211	Kelly Mcclenaghan	F45	11	0:50:36.26	Benfleet RC
64	257	Maud Hodson	F45	12	0:50:38.64	East London Runners
65	338	Amy Parmenter	FO	65	0:50:42.67	Springfield Striders
66	218	Christine Deacon	FO	66	0:50:47.03	Billericay Striders
67	365	Kate Finch	F45	13	0:51:06.89	Tiptree Road Runners
68	345	Isobel Gowers	F35	19	0:51:17.54	Springfield Striders
69	212	Liane Conners	F35	20	0:51:40.24	Benfleet RC
70	253	Fiona Critchley	F45	14	0:51:46.03	East London Runners
71	340	Donna Hindle	F45	15	0:52:05.78	Springfield Striders
72	222	Mary Lloyd	F45	16	0:52:13.94	Brentwood Running Club
73	385	Sandy Karl	FO	73	0:52:27.57	Witham Running Club
74	245	Deborah Hall	F35	21	0:52:38.19	East Essex Tri
75	217	Clare Worley	FO	75	0:52:49.29	Billericay Striders
76	241	Hannah Sheikh	F45	17	0:52:50.71	Dagenham 88 Runners
77	271	Kay Gillett	F35	22	0:52:54.47	Eton Manor AC
78	379	Joyce Berry	F45	18	0:53:04.63	Victoria Park Harriers and Tower
79	307	Anna Crawley	FO	79	0:53:20.95	Iford AC
80	284	Wendy Carter	F45	19	0:53:37.72	Halstead Road Runners
81	363	Lorraine Baker	F45	20	0:53:42.1	Tiptree Road Runners
82	355	Hilda O'kelly	F45	21	0:53:53.19	Springfield Striders
83	223	Julie Wilson	F45	22	0:54:01.59	Brentwood Running Club
84	283	Anna Bambridge	F35	23	0:54:01.62	Halstead Road Runners
85	242	Rahana Islam	F35	24	0:54:10.96	Dagenham 88 Runners
86	265	Kasia Stachowiak	F35	25	0:54:15.57	East London Runners
87	285	Sandi Robinson-miller	F45	23	0:54:18.58	Halstead Road Runners
88	213	Nikki Leigh	F45	24	0:54:24.2	Benfleet RC
89	258	Georgie Hooper	FO	89	0:54:28.62	East London Runners
90	341	Elaine Tribley	F55	3	0:54:31.33	Springfield Striders
91	286	Sarah Frost	FO	91	0:54:42.7	Halstead Road Runners
92	359	Sue Beck	F35	26	0:54:51.35	Thurrock Harriers AC
93	352	Sharon Bannister	F45	25	0:55:02.56	Springfield Striders
94	216	Sarah Lengthorn	FO	94	0:55:14.34	Billericay Striders
95	351	Sara Demetriou	F35	27	0:55:24.28	Springfield Striders
96	369	Stacy Hember	F45	26	0:55:25.6	Tiptree Road Runners
97	343	Emily Penkett	F35	28	0:55:28.53	Springfield Striders
98	260	Joanna Neville	F35	29	0:55:29.03	East London Runners
99	339	Deborah Hitching	F35	30	0:55:29.99	Springfield Striders
100	373	Pat Rhodes	F55	4	0:56:00.37	Tiptree Road Runners
101	259	Catriona Hault	F35	31	0:56:03.95	East London Runners
102	374	Alison Vincent	F45	27	0:56:04.06	Tiptree Road Runners
103	254	Fiona Day	F55	5	0:56:19.93	East London Runners
104	304	Sharon Honey	F55	6	0:56:30.71	Iford AC
105	362	Susan Archer	F45	28	0:56:36.61	Tiptree Road Runners
106	291	Elspeth Knott	F65	1	0:56:37.82	Harwich Runners
107	280	Treena Carder	F45	29	0:56:53.65	Halstead Road Runners
108	261	Patricia O'neill	F45	30	0:56:57.4	East London Runners
109	252	Hayley Collins	F35	32	0:56:58.73	East London Runners
110	308	Alison Sale	F45	31	0:57:18.8	Iford AC
111	264	Filipa Soares	F35	33	0:57:24.46	East London Runners
112	256	Kathryn Hertzberg	FO	112	0:57:40.88	East London Runners
113	263	Alexandra Rutishauser-perera	F35	34	0:57:48.49	East London Runners
114	390	Susan Edwards	F45	32	0:57:50.51	Woodford Green AC with Essex
115	281	Nicole Smith	F45	33	0:58:06.53	Halstead Road Runners
116	397	Annette Johnson	F45	34	0:58:14.52	Benfleet RC

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117	289	Anne Herbert	F55	7	0:58:20.33	Harwich Runners
118	386	Sarah Norton	F45	35	0:58:24.59	Witham Running Club
119	267	Hayley Dalton	F45	36	0:58:44.56	Eton Manor AC
120	319	Kristina Read	F35	35	0:59:14.62	Phoenix Striders
121	321	Angela Smith	F35	36	0:59:43.28	Pitsea RC
122	311	Paula Fairlamb	F35	37	1:00:00.82	Orion Harriers
123	312	Sarah Mills	F35	38	1:00:07.7	Orion Harriers
124	306	Frieda Keane	F55	8	1:00:10.23	Ilford AC
125	305	Julia Galea	F55	9	1:01:05.35	Ilford AC
126	244	Louise Chappell	F45	37	1:01:22.64	Dagenham 88 Runners
127	370	Christine King	F55	10	1:01:27.6	Tiptree Road Runners
128	282	Valerie Kerrison	F55	11	1:01:39.56	Halstead Road Runners
129	290	Christina Pretty	F55	12	1:02:01.52	Harwich Runners
130	372	Larina Marsh	F45	38	1:02:21.57	Tiptree Road Runners
131	276	Mala Singh	F45	39	1:02:25.32	Eton Manor AC
132	356	Sarah Goodwin	F45	40	1:03:09.53	Springfield Striders
133	322	Marion Breeze	F55	13	1:03:12.02	Pitsea RC
134	367	Sharon Hardwicke	F45	41	1:03:34.61	Tiptree Road Runners
135	364	Julia Bawden	F55	14	1:03:46.72	Tiptree Road Runners
136	320	Sharon Wilkinson	F45	42	1:03:49.64	Phoenix Striders
137	262	Diana Rexhepaj	F45	43	1:03:53.58	East London Runners
138	288	Lauren Hutley	FO	138	1:04:08.07	Halstead Road Runners
139	246	Teresa Flannagan	F65	2	1:04:42.23	East Essex Tri
140	243	Lynne Northcott	F35	39	1:06:15.24	Dagenham 88 Runners
141	366	Mandy Graves	F55	15	1:07:30.47	Tiptree Road Runners
142	317	Michelle Holman	F45	44	1:10:52.35	Phoenix Striders
143	375	Sue Long	F45	45	1:15:15.98	Tiptree Road Runners
144	315	Kirsty Noble	FO	144	1:17:00.05	Phoenix Striders
145	314	Jackie Bushnell	F35	40	1:17:04.26	Phoenix Striders
146	313	Nicola Burston	F55	16	1:17:04.45	Phoenix Striders
147	371	Anita Leaver	F65	3	1:17:22.08	Tiptree Road Runners
148	318	Adele Moggan	F55	17	1:18:39.14	Phoenix Striders
149	251	Susan Bushnell	F55	18	1:21:03.93	East London Runners